



Join us for a presentation on

## NATURAL FAMILY PLANNING

## PRESENTATION BY CATHY AND ED REILLY

Saturday, February 27, 2016 10:30 A.M. (approx. 1 hr.) St. Mary of the Assumption Parish Family Life Center 4610 Largo Rd, Upper Marlboro, MD (Behind St. Mary's School)

Cathy Reilly is a Fertility Care Practitioner and Registered Nurse. She and her husband Ed used the Symptothermal Method of NFP for 23 years of their marriage to achieve and regulate pregnancy. Cathy was trained by the Creighton Model Fertility Care System to educate women and couples to monitor their fertility naturally (<a href="www.creightonmodel.com">www.creightonmodel.com</a>)

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Please R.S.V.P. with Samantha Howard at <a href="https://howardsami720@gmail.com">howardsami720@gmail.com</a>, if you cannot R.S.V.P., please just come!!

For copies of this flyer, please go to <a href="www.stmaryum.org/parish">www.stmaryum.org/parish</a>, News/Events.

Questions: 301-627-3255, R. Piazza, Parish Office

Catholic Church Teaching: God designed marriage as an "intimate partnership of life and love" (see Gaudium et spes, no. 48). In God's design, marriage is a unique union of one man with one woman "for the whole of life" (see Canon 1055, The Code of Canon Law). Marriage is oriented to the good of the spouses and to the creation and nurture of new human life (see Gaudium et spes, no. 48). Making decisions therefore, about when and how many children to have in marriage is a sacred responsibility that God has entrusted to husband and wife. This is the foundation of what the Church calls, "Responsible Parenthood"—the call to discern God's will for your marriage while respecting His design for life and love. The Catholic Church supports the methods of Natural Family Planning (NFP) because they respect God's design for married love. In fact, NFP represents the only authentic approach to family planning available to husbands and wives because these methods can be used to both attempt or avoid pregnancy. USCCB.org Natural Family Planning